



STARTERS & SHARE PLATES

SHISHITO & SPROUTS 12

Crispy fried Brussel sprouts and Shishito peppers with chili aioli

SALT & PEPPER CALAMARI 17

Breaded calamari over arugula with chipotle aioli.

GORGONZOLA CHIPS 12

House-made chips with Gorgonzola fondue, scallions, Nueske's bacon, Balsamic drizzle & fried onions

KOREAN PORK BELLY SLIDERS 15

Braised pork belly with Korean BBQ sauce, Asian slaw and sweet chili aioli on brioche buns

HOT SMOKED WINGS

By Weight: 1 lb. 16 1 ½ lbs. 21

Seasoned and house smoked wings in your choice of Korean BBQ sauce, sesame garlic, hot sauce or our house dry rub with carrots, celery & bleu cheese or ranch

DRY RUB PORK RIBLETS*

By Weight 1 lb. 15 1 ½ lbs. 19

Fried crispy & tossed in kosher salt and coarse cracked black pepper w/ Ranch or Blue cheese

ROCKY MOUNTAIN NACHOS 16

Your choice of pulled chicken or beef, includes shredded cheese, cilantro sour cream, Pico de Gallo, guacamole, ranch beans & jalapenos.

Add pork green chili 2

AHI TUNA TATAKI* 16

Sesame seared tuna tossed with sweet chili sauce, green onions and avocados served with crispy wontons & cucumber slices.

CHICKEN QUESADILLA 15

Pulled chicken, ranch beans, shredded cheese, Pico de Gallo, Guacamole & cilantro sour cream

Our Beers on Tap

**AC Golden Herman Joseph 7, Modelo ESP 7,
Pikes Peak Elephant Rock IPA 7
Dry Dock Apricot Blonde 7
Avery White Rascal. 7
, Laughing Lab Scottish Ale 7
Prost Kolsch 7 Stella Artois 7 Coors Light 6
90 Shilling 7 Guinness Stout 8
Goat Patch Hazy IPA 7**

SALADS

CAESAR SALAD 10

Crisp romaine lettuce, Caesar dressing, parmesan, fried capers & garlic croutons

Add grilled or blackened chicken

Add grilled or blackened salmon 9

Add grilled flatiron steak 12

THE WEDGE SALAD 9

Iceberg lettuce wedge, candied Nueske's bacon, gorgonzola crumbles, cucumber, grape tomatoes, sliced red onion, creamy blue cheese dressing.

Add grilled or blackened chicken

Add grilled or blackened salmon 9

Add grilled flatiron steak 12

COBB SALAD 17

Chopped romaine, grilled chicken breast, hardboiled egg, bacon, avocado, gorgonzola crumbles & choice of dressing.

CHICKEN APPLE & AVOCADO SALAD 17

Grilled chicken breast, avocado, apple, candied walnuts, cranberries & mixed greens with a gorgonzola vinaigrette

BEET & BUTTERNUT SALAD 12

Heirloom beets & tomatoes, candied butternut, chèvre cheese, couscous quinoa salad, mixed greens, pumpkin seeds, Champagne vinaigrette

Our Dressings

Dressings: Ranch, 1000 Island, Blue Cheese and Caesar

Vinaigrettes: Balsamic, Gorgonzola and Champagne

Our Wines by the Glass

Whites and Roses:

William Hill Chard., 11

Sea Sun Chard., 11

Sartori Pinot Grigio 11

Rapaura Springs Sauv. Blanc 11

Peitan Albarino 11

Fossil Point Grenache Rosé 11

"Y" San Giovese Rosé 9

Da Luca Prosecco 11 Gloria Ferrer Brut 13

Reds:

Rodney Strong Pinot Noir 12

Bonanza Cab 11

J. Lohr Seven Oaks Cab 12

Valpolicella Red Blend 11,

J Lohr Merlot 11

Piattelli Reserve Malbec 12

*These items may be served raw or undercooked or contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.



BURGERS & SANDWICHES

Charbroiled **7oz fresh Beef or Bison +1 or chicken** on a sesame brioche bun.

MUSHROOM SWISS BURGER* 16.50
Sautéed mushrooms, aioli, caramelized onions and Swiss

BLACK & BLUE BURGER* 16.50
Gorgonzola cheese, aioli, bacon, onion strings & balsamic drizzle

BEAR DANCE BURGER* 16.50
Bacon, avocado, smoked mozzarella & aioli

NEW MEXICO BURGER * 16.50
Guacamole, green chilies, fried jalapeno, pepper jack cheese & chipotle mayo.

BEAR DANCE SUPREME 16.50
Hot Italian sandwich with grilled ham, salami, pepperoni, provolone, bruschetta, and shredded lettuce on a hoagie roll

PEPPER STEAK & CHEESE 17
Sliced prime rib, Pepper jack cheese, sautéed onions, jalapenos and mushrooms, brown butter aioli on a hoagie roll.

REUBEN 16.50
Pastrami with braised red cabbage kraut, Swiss, 1000 island on rye.

BEAR DANCE CLUB 17
Black Forest ham, roasted turkey breast, avocado, mayo, bacon, smoked mozzarella, lettuce, tomato, choice of bread

Friday nights

"PRIME RIB NIGHT"

at Bear Dance

8oz \$27 12oz \$32

Wine down

Wednesdays

And Thursdays

20% off

any bottle of wine

CLASSICS

ACHIOTE WAHOO 24

Grilled Achiote rubbed fillet, pineapple slaw, lime butter, jasmine rice pilaf

SHORT RIB STROGANOFF 25

Slow braised beef short rib, mushroom ragout, pappardelle noodles, crème fraiche

FISH & CHIPS 19

Beer battered walleye served with fries, coleslaw, tartar sauce & lemon

CHICKEN SCALLOPINI 20

Pan seared chicken breast with Boursin crema and lemon onion reduction over sautéed spinach and crispy potato cake

STEAK & FRIES* 24

Grilled 6oz Flatiron, herb steak butter, shoestring fries, topped with balsamic drizzle, fried onion & Arugula salad.

BEAR DANCE BURRITO 16

Choice of pulled chicken or beef, ranch beans, shredded cheese, pork green chili, topped with Pico de Gallo, cilantro sour cream & guacamole.

TONIGHT'S SPECIALS **AVAILABLE AFTER 4PM**

NEW YORK STRIP 35

Grilled 12 oz, Merlot reduction, crispy gold potatoes, French green beans, herb butter

CAJUN SHRIMP PASTA 26

Blackened shrimp, pork belly, bell peppers, sweet peas in a white wine cream sauce over linguini

14" PIZZAS

MARGHERITA 18

Fresh mozzarella, basil, tomatoes, red sauce

BEAR DANCE PIZZA 20

Italian sausage, mushroom, caramelized onions, balsamic, arugula, red sauce

ITALIAN 20

Meatballs, salami, roasted red pepper, spinach, pesto, red sauce

THREE CHEESE 18

Shredded Mozzarella, Provolone, Parmesan, red sauce

BBQ CHICKEN PIZZA 20

BBQ sauce, chicken, bacon, caramelized onions, jalapeno, Colby-Jack cheese

CUSTOM PIZZA 17

(Build your own masterpiece)

"Add your choice of toppings. to our basic cheese pizza with red sauce"

Meatballs \$1; Salami \$1

Pepperoni \$1; Italian Sausage \$1

Bacon \$1; Taco beef \$1

Pulled Chicken \$1

Green Peppers \$0.50

Onions \$0.50 Black Olives \$0.50

Caramelized Onions \$0.50

Fresh Basil \$0.50

Roasted Red Peppers \$0.50

Spinach \$0.50 Jalapeno \$0.50

Mushrooms \$0.50

Fresh Mozzarella \$1 Extra Cheese \$1

"Gluten free crust available" +\$3

SIDES

Shoestring fries

Sweet potato fries +\$1

Ranch Style Beans

Fresh fried potato chips

Coleslaw

Cottage cheese +\$1

Truffle Parmesan Fries +\$1

Side Salad +\$1 Side Caesar +\$1

Side Wedge with Blue cheese, onion & bacon +\$2.50

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