



## STARTERS

### HOT SMOKED WINGS

**By Weight:** 1 lb. 16 1 ½ lbs. 21

Seasoned and house smoked wings in your choice of Korean BBQ sauce, sesame garlic, hot sauce or our house dry rub with carrots, celery & bleu cheese or ranch

### DRY RUB PORK RIBLETS\*

**By Weight** 1 lb. 15 1 ½ lbs. 19

Fried crispy & tossed in kosher salt and coarse cracked black pepper w/ Ranch or Blue cheese

### ROCKY MOUNTAIN NACHOS 16

Your choice of pulled chicken or beef, includes shredded cheese, cilantro sour cream, Pico de Gallo, guacamole, ranch beans & jalapenos.

**Add pork green chili 2**

### CHICKEN QUESADILLA 15

Pulled chicken, ranch beans, shredded cheese, Pico de Gallo, Guacamole & cilantro sour cream

### AHI TUNA TATAKI\* 16

Sesame seared tuna tossed with sweet chili sauce, green onions and avocados served with crispy wontons & cucumber slices.

### GORGONZOLA CHIPS 12

House-made chips with Gorgonzola fondue, scallions, Nueske's bacon, Balsamic drizzle & fried onions.

### SALT & PEPPER CALAMARI 17

Breaded calamari over arugula with chipotle aioli.

### CHORIZO TOSTADA 12

House made chorizo beans, Cotija cheese, lettuce, Pico de Gallo, cilantro sour cream on white corn tortillas

### Our Beers on Tap

**Herman Joseph, AC Golden 7**  
**Modelo, Especial 7**

**Elephant Rock IPA, Pikes Peak B. 7**  
**Apricot Blonde, Dry Dock 7**

**White Rascal, Avery B. 7**  
**Scottish Ale, Laughing Lab 7**  
**Kolsch, Prost 7**

**Stella Artois 7 Coors Light 6**  
**90 Shilling, O'Dell B. 7**

**Guinness Stout 8**  
**Hazy IPA, Goat Patch B. 7**

## SALADS

### CAESAR SALAD 10

Crisp romaine lettuce, Caesar dressing, parmesan, fried capers & garlic croutons  
**Add grilled or blackened chicken or shrimp 8**  
**Add grilled or blackened salmon 9**  
**Add grilled flatiron steak 12**

### THE WEDGE SALAD 9

Iceberg lettuce wedge, candied Nueske's bacon, gorgonzola crumbles, cucumber, grape tomatoes, sliced red onion, creamy blue cheese dressing.  
**Add grilled or blackened chicken or shrimp 8**  
**Add grilled or blackened salmon 9**  
**Add grilled flatiron steak 12**

### COBB SALAD 17

Chopped romaine, grilled chicken breast, hardboiled egg, bacon, avocado, gorgonzola crumbles & choice of dressing.

### CHICKEN APPLE & AVOCADO SALAD 17

Grilled chicken breast, avocado, apple, candied walnuts, cranberries & mixed greens with a gorgonzola vinaigrette

### BEEF & BUTTERNUT SALAD 12

Heirloom beets & tomatoes, candied butternut, chèvre cheese, couscous quinoa salad, mixed greens, pumpkin seeds, Champagne vinaigrette

#### Our Dressings

Dressings: Ranch, 1000 Island, Blue Cheese and Caesar

Vinaigrettes: Balsamic, Gorgonzola and Champagne

### Our Wines by the Glass

#### Whites and Roses:

**William Hill Chardonnay 11**

**Sea Sun Chardonnay 11**

**Sartori Pinot Grigio 11**

**Rapaura Springs Sauv. Blanc 11**

**Peitan Albarino 11**

**Fossil Point Grenache Rosé 11**

**"Y" San Giovese Rosé 9**

**Da Luca Prosecco 11 Gloria Ferrer Brut 13**

#### Reds:

**Rodney Strong Pinot Noir 12**

**Bonanza Cabernet 11**

**J. Lohr Seven Oaks Cab 12**

**Valpolicella Red Blend 11**

**J Lohr Merlot 11**

**D.V. Catena (Malbec-Petit Verdot blend) 12**

\*These items may be served raw or undercooked or contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.



## BURGERS & SANDWICHES

Charbroiled **7oz fresh Beef or Bison +1** or chicken on a sesame brioche bun.

**MUSHROOM SWISS BURGER\* 16.50**  
Sautéed mushrooms, aioli, caramelized onions and Swiss

**BLACK & BLUE BURGER\* 16.50**  
Gorgonzola cheese, aioli, bacon, onion strings & balsamic drizzle

**BEAR DANCE BURGER\* 16.50**  
Bacon, avocado, smoked mozzarella & aioli

**NEW MEXICO BURGER \* 16.50**  
Guacamole, green chilies, fried jalapeno, pepper jack cheese & chipotle mayo.

**BEAR DANCE SUPREME 16.50**  
Hot Italian sandwich with grilled ham, salami, pepperoni, provolone, bruschetta, and shredded lettuce on a hoagie roll

**FRENCH DIP, au jus 17**  
Shaved prime rib, Gruyère cheese, horseradish mayo on a hoagie roll.

**REUBEN 16.50**  
Pastrami with braised red cabbage kraut, Swiss, 1000 island on rye.

**BBQ BEEF BRISKET SANDWICH 17**  
House made BBQ beef brisket, aged cheddar cheese, Cole slaw on a sesame bun

**BLACKENED SHRIMP PO BOY 18**  
Blackened shrimp, chili aioli, lettuce, tomato, pickles on a hoagie roll

**BEAR DANCE CLUB 17**  
Black Forest ham, roasted turkey breast, avocado, mayo, bacon, smoked mozzarella, lettuce, tomato, choice of bread

### Friday nights

**"PRIME RIB NIGHT"**

at Bear Dance  
8oz \$27 12oz \$32

### Wine down

Wednesdays  
And Thursdays  
20% off  
any bottle of wine

## CLASSICS

**BEAR DANCE BURRITO 16**  
Choice of pulled chicken or beef, ranch beans, shredded cheese, pork green chili, topped with Pico de Gallo, cilantro sour cream & guacamole.

**FISH & CHIPS 19**  
Beer battered walleye served with fries, coleslaw, tartar sauce & lemon

**CHICKEN SCALLOPINI 20**  
Pan seared chicken breast with Boursin crema and lemon onion reduction over sautéed spinach and crispy potato cake

**ATLANTIC SALMON\* 26**  
Grilled salmon, Harissa Choron sauce, Fingerling asparagus hash, Arugula salad

**STEAK & FRIES\* 24**  
Grilled 6oz Flatiron, herb steak butter, shoestring fries, topped with balsamic drizzle, fried onion & Arugula salad.

**SMOKED BRISKET MAC & CHEESE 20**  
Smoked BBQ brisket, cavatappi pasta, cheesy bechamel sauce, crispy onions

### TONIGHT'S SPECIALS

**Shishito & Sprouts 12**  
Shishito peppers and Brussel sprouts with chipotle mayo dipping sauce

**RACK OF LAMB 36**  
Roasted New Zealand rack of lamb, pan jus, garlic whipped potatoes, French green beans

**STUFFED SOLE 30**  
Stuffed fillet of sole with shrimp  
Garlic, fine herb mousse, pan jus, wild rice pilaf, asparagus

## 14" PIZZAS

**MARGHERITA 18**  
Fresh mozzarella, basil, tomatoes, red sauce

**BEAR DANCE PIZZA 20**  
Italian sausage, mushroom, caramelized onions, balsamic, arugula, red sauce

**ITALIAN 20**  
Meatballs, salami, roasted red pepper, spinach, pesto, red sauce

**THREE CHEESE 18**  
Shredded Mozzarella, Provolone, Parmesan, red sauce

**BBQ CHICKEN PIZZA 20**  
BBQ sauce, chicken, bacon, caramelized onions, jalapeno, Colby-Jack cheese

**CUSTOM PIZZA 17**  
**(Build your own masterpiece)**

"Add your choice of toppings. to our basic cheese pizza with red sauce"

Meatballs \$1; Salami \$1  
Pepperoni \$1; Italian Sausage \$1

Bacon \$1; Taco beef \$1

Pulled Chicken \$1

Green Peppers \$0.50

Onions \$0.50 Black Olives \$0.50

Caramelized Onions \$0.50

Fresh Basil \$0.50

Roasted Red Peppers \$0.50

Spinach \$0.50 Jalapeno \$0.50

Mushrooms \$0.50

Fresh Mozzarella \$1 Extra Cheese \$1

"Gluten free crust available" +\$3

### SIDES

Shoestring fries  
Sweet potato fries +\$1  
Ranch Style Beans  
Fresh fried potato chips  
Coleslaw  
Cottage cheese +\$1  
Truffle Parmesan Fries +\$1  
Side Salad +\$1 Side Caesar +\$1  
Side Wedge with Blue cheese, onion & bacon +\$2.50

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