

## **STARTERS**

## **HOT SMOKED WINGS**

By Weight: 1 lb. 16 1 ½ lbs. 21 Seasoned and house smoked wings in your choice of Korean BBQ sauce, sesame garlic, hot sauce or our house dry rub with carrots, celery & bleu cheese or ranch

## **DRY RUB PORK RIBLETS\***

By Weight 1 lb. 15 1 ½ lbs. 19 Fried crispy & tossed in kosher salt and coarse cracked black pepper

w/ Ranch or Blue cheese

#### **ROCKY MOUNTAIN NACHOS 16**

Your choice of pulled chicken or beef, includes shredded cheese, cilantro sour cream, Pico de Gallo, guacamole, ranch beans & jalapenos Add pork green chili 2

## **CHICKEN QUESADILLA 15**

Pulled chicken, ranch beans, shredded cheese, Pico de Gallo, Guacamole & cilantro sour cream

## AHI TUNA TATAKI\* 16

Sesame seared tuna tossed with sweet chili sauce, green onions and avocados served with crispy wontons & cucumber slices

#### **GORGONZOLA CHIPS 12**

House-made chips with Gorgonzola fondue, scallions, Nueske's bacon, Balsamic drizzle & fried onions.

## **SALT & PEPPER CALAMARI 17**

Breaded calamari over arugula with chipotle aioli.

## **SHISHITO AND SPROUTS 14**

Crispy Brussel sprouts and shishito peppers Aioli dipping sauce

> Thursday nights "Acoustic night" Live music, dinner specials, 20% off any bottle of wine

## **SALADS**

#### CAESAR SALAD 10

Crisp romaine lettuce, Caesar dressing, parmesan, fried capers & garlic croutons Add grilled or blackened chicken breast 8 Add grilled or blackened salmon 9 Add grilled flatiron steak 12

### THE WEDGE SALAD 13

Iceberg lettuce wedge, candied Nueske's bacon, gorgonzola crumbles, cucumber, grape tomatoes, sliced red onion, creamy blue cheese dressing.

Add grilled or blackened chicken breast 8 Add grilled or blackened salmon 9 Add grilled flatiron steak 12

#### **COBB SALAD 17**

Chopped romaine, grilled chicken breast, hardboiled egg, bacon, avocado, gorgonzola crumbles & choice of dressing

## **CHICKEN APPLE & AVOCADO SALAD 17**

Grilled chicken breast, avocado, apple, candied walnuts, cranberries & mixed greens with a gorgonzola vinaigrette

## **HEIRLOOM TOMATO SALAD 16**

Heirloom tomatoes, baby kale salad, Champagne vinaigrette, curry roasted pumpkin seeds, whipped ricotta, balsamic reduction

Add grilled or blackened chicken breast 8 Add grilled or blackened salmon 9 Add grilled flatiron steak 12

## **Our Dressings**

Dressings: Ranch, 1000 Island, Blue Cheese and Caesar

Vinaigrettes: Balsamic, Gorgonzola and

Champagne

Friday nights "PRIME RIB NIGHT" at Bear Dance 80z \$27 12oz \$32



# BURGERS & SANDWICHES

Your choice of Charbroiled **7oz fresh Beef**, 1/3 lb. Bison (+1), Impossible (+3) on a potato bun, served red, pink, or well.

## MUSHROOM SWISS BURGER\* 16.50

Sautéed mushrooms, caramelized onions and Swiss

## **BLACK & BLUE BURGER\* 16.50**

Gorgonzola cheese,

bacon, onion strings & balsamic drizzle

## **BEAR DANCE BURGER\* 16.50**

Bacon, avocado, smoked mozzarella & aioli

#### **NEW MEXICO BURGER \* 16.50**

Guacamole, green chilies, fried jalapeno, pepper jack cheese & Chipotle mayo.

#### **BEAR DANCE CLUB 16**

Black Forest ham, roasted turkey breast, avocado, mayo, bacon, smoked mozzarella, lettuce, tomato, choice of bread

## **REUBEN 16**

Boar's Head pastrami with braised red cabbage kraut, Swiss & thousand island on rye

## FRENCH DIP 17

Shaved Prime Rib, Havarti cheese, Horseradish mayo on hoagie roll, au jus.

## RANCH CHICKEN SANDWICH 16

Breaded Chicken breast, Provolone, ranch aioli, tomato, shredded lettuce on a potato roll

## **SMOKED BRISKET SANDWICH 17**

House smoked brisket, coleslaw, tangy BBQ sauce on a potato roll

## **BEAR DANCE SUPREME 16**

Hot Italian sandwich with grilled ham, salami, pepperoni, provolone, brusche and shredded lettuce on a hoagie roll.

## **CLASSICS**

#### **BEAR DANCE BURRITO 16**

Choice of pulled chicken or beef, ranch beans, shredded cheese, pork green chili, topped with Pico de Gallo, cilantro sour cream & guacamole

#### FISH & CHIPS 19

Beer battered walleye served with fries, coleslaw, tartar sauce & lemon

#### **CHICKEN SCALLOPINI 20**

Pan seared chicken breast with Boursin crema and lemon onion reduction over sautéed spinach and crispy potato cake

#### **BRISKET MAC N CHEESE 19**

House smoked brisket, cheesy bechamel, cavatappi pasta, scallions, crispy onions.

## **ATLANTIC SALMON 26**

Miso glazed salmon,
Pickled watermelon radish
and fennel, zucchini fritter,
Harissa Choron sauce,
baby Bok Choy

## STEAK & FRIES\* 24

Grilled 6oz Flatiron, herb steak butter, shoestring fries, topped with balsamic drizzle, fried onion & Arugula salad.

## **BLACK MUSSELS 16**

Sauteed mussels, andouille sausage, tomato, onions, cilantro, white wine and butter, grilled crostini

## **SEAFOOD TRIO 32**

Sauteed shrimp, scallops, and mussel, mango pesto linguini, bruschetta, spinach

### RIBEYE 35

Grilled 12oz Ribeye, achiote green bean hash, corn fritter, blackberry demi-glace

## 14" Pizzas

### **MARGHERITA 18**

Fresh mozzarella, basil, tomatoes, red sauce

## **BEAR DANCE PIZZA 20**

Italian sausage, mushroom, caramelized onions, balsamic, arugula, red sauce

#### **ITALIAN 20**

Meatballs, salami, roasted red pepper, spinach, pesto, red sauce

#### **THREE CHEESE 18**

Shredded Mozzarella, Provolone, Parmesan, red sauce

## **BBQ CHICKEN PIZZA 20**

BBQ sauce, chicken, bacon, caramelized onions, jalapeno, Colby-Jack cheese

## CUSTOM PIZZA 17

(Build your own masterpiece)

"Add your choice of toppings.

to our basic cheese pizza

with red sauce"

with red sauce"

Meatballs \$1; Salami \$1

Pepperoni \$1; Italian Sausage \$1

Bacon \$1; Taco beef \$1

Pulled Chicken \$1

Green Peppers \$0.50

Onions \$0.50 Black Olives \$0.50

Caramelized Onions \$0.50

Fresh Basil \$0.50
Roasted Red Peppers \$0.50
Spinach \$0.50 Jalapeno \$0.50
Mushrooms \$0.50

Fresh Mozzarella \$1 Extra Cheese

## SIDES

Shoestring fries
Sweet potato fries +\$1
Ranch Style Beans
Fresh fried potato chips
Coleslaw
Cottage cheese +\$1
Truffle Parmesan Fries +\$1
Side Salad +\$1Side Caesar +\$1
Side Wedge with Blue cheese,
onion & bacon +\$2.50