



LUNCH MENU

STARTERS

HOT SMOKED WINGS

By Weight: 1 lb. 16 1 ½ lbs. 21

Seasoned and house smoked wings in your choice of Korean BBQ sauce, sesame garlic, hot sauce or our house dry rub with carrots, celery & bleu cheese or ranch

DRY RUB PORK RIBLETS*

By Weight 1 lb. 15 1 ½ lbs. 19

Fried crispy & tossed in kosher salt and coarse cracked black pepper w/ Ranch or Blue cheese

ROCKY MOUNTAIN NACHOS 16

Your choice of pulled chicken or beef, includes shredded cheese, cilantro sour cream, Pico de Gallo, guacamole, ranch beans & jalapenos

Add pork green chili 2

CHICKEN QUESADILLA 15

Pulled chicken, ranch beans, shredded cheese, Pico de Gallo, Guacamole & cilantro sour cream

AHI TUNA TATAKI* 16

Sesame seared tuna tossed with sweet chili sauce, green onions and avocados served with crispy wontons & cucumber slices.

GORGONZOLA CHIPS 12

House-made chips with Gorgonzola fondue, scallions, Nueske's bacon, Balsamic drizzle & fried onions.

SALT & PEPPER CALAMARI 17

Breaded calamari over arugula with chipotle aioli.

SHISHITO AND SPROUTS 14

Crispy Brussel sprouts and shishito peppers
Aioli dipping sauce

SALADS

CAESAR SALAD 10

Crisp romaine lettuce, Caesar dressing, parmesan, fried capers & garlic croutons

Add grilled or blackened chicken breast 8

Add grilled or blackened salmon 9

Add grilled flatiron steak 12

THE WEDGE SALAD 13

Iceberg lettuce wedge, candied Nueske's bacon, gorgonzola crumbles, cucumber, grape tomatoes, sliced red onion, creamy blue cheese dressing.

Add grilled or blackened chicken breast 8

Add grilled or blackened salmon 9

Add grilled flatiron steak 12

COBB SALAD 17

Chopped romaine, grilled chicken breast, hardboiled egg, bacon, avocado, gorgonzola crumbles & choice of dressing.

CHICKEN APPLE & AVOCADO SALAD 17

Grilled chicken breast, avocado, apple, candied walnuts, cranberries & mixed greens with a gorgonzola vinaigrette

HEIRLOOM TOMATO SALAD 16

Heirloom tomatoes, baby kale salad, Champagne vinaigrette, curry roasted pumpkin seeds, whipped ricotta, balsamic reduction

Add grilled or blackened chicken breast 8

Add grilled or blackened salmon 9

Add grilled flatiron steak 12

Our Dressings

Dressings: Ranch, 1000 Island, Blue Cheese and Caesar

Vinaigrettes: Balsamic, Gorgonzola and Champagne

BREWS ON TAP

- AC Golden Herman Joseph 6.5
- Modelo Especial 6.5
- Pikes Peak Elephant Rock IPA 6.5
- Dry Dock Apricot Blonde 6.5
- Avery White Rascal 6.5
- Laughing Lab Scottish Ale 6.5
- Prost Kolsh 6.5
- Bud Light 5.50
- Coors Light 5.50
- O'Dell 90 Schilling 6.50
- Guinness Stout 7.5
- Rotating IPA: (Ask your server)

**These items may be served raw or undercooked or contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.*



BURGERS

Beef, Bison or
Impossible (plant based)

Your choice of Charbroiled

7oz fresh Beef, 1/3 lb Bison (+1) or Impossible (+3)
on a potato bun, served red, pink, or well.

MUSHROOM SWISS BURGER* 16.50

Sautéed mushrooms, caramelized onions
and Swiss

BLACK & BLUE BURGER* 16.50

Gorgonzola cheese,
bacon, onion strings & balsamic drizzle

BEAR DANCE BURGER* 16.50

Bacon, avocado, smoked mozzarella.
& aioli

NEW MEXICO BURGER * 16.50

Guacamole, green chilies,
fried jalapeno, pepper jack cheese &
chipotle mayo

SANDWICHES

BEAR DANCE CLUB 16

Black Forest ham, roasted turkey breast,
avocado, mayo, bacon, smoked
mozzarella, lettuce, tomato, choice of
bread

REUBEN 16

Pastrami with braised red cabbage kraut,
Swiss & thousand island.
on thick-cut rye

FRENCH DIP 17

Shaved Prime Rib, Havarti cheese,
Horseradish mayo on hoagie roll au jus.

RANCH CHICKEN SANDWICH 16

Breaded Chicken breast, Provolone,
Ranch aioli, tomato, shredded lettuce
on a potato roll

SMOKED BRISKET SANDWICH 17

House smoked brisket, coleslaw,
tangy BBQ sauce on a potato roll

BEAR DANCE SUPREME 16

Hot Italian sandwich with grilled ham,
salami, pepperoni, provolone, bruschetta,
and shredded lettuce on a hoagie roll.

CLASSICS

BEAR DANCE BURRITO 16

Choice of pulled chicken or beef, ranch
beans, shredded cheese, pork green chili,
topped with Pico de Gallo,
cilantro sour cream & guacamole

FISH & CHIPS 19

Beer battered walleye served with fries,
coleslaw, tartar sauce & lemon.

CHICKEN SCALLOPINI 20

Pan seared chicken breast with Boursin crema
and lemon onion reduction.
over sautéed spinach and crispy potato cake

ATLANTIC SALMON 26

Miso glazed salmon, Zucchini fritter,
Pickled watermelon radish and fennel,
Harissa Choron sauce, baby Bok Choy

BRISKET MAC N CHEESE 19

House smoked brisket, cheesy bechamel,
cavatappi pasta, scallions, crispy onions.

STEAK & FRIES* 24

Grilled 6oz Flatiron, herb steak butter,
shoestring fries, topped with balsamic drizzle,
fried onions. & arugula salad

SIDES

All Sandwiches and Burgers
come with a choice of:

- Shoestring fries
- Sweet potato fries +\$1
- Ranch Style Beans
- Fresh fried potato chips
- Coleslaw
- Cottage cheese +\$1
- Truffle Parmesan Fries +\$1
- Side Salad +\$1
- Side Caesar +\$1
- Side Wedge with Blue cheese,
onion & bacon +\$2.50

**These items may be served raw or undercooked or contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.*