



STARTERS

HOT SMOKED WINGS

By Weight: 1 lb. 15 1 ½ lbs. 20

Seasoned and house smoked wings in your choice of Korean BBQ sauce, sesame garlic, hot sauce or our house dry rub with carrots, celery & bleu cheese or ranch

ROCKY MOUNTAIN NACHOS 15

Your choice of pulled chicken or beef, includes shredded cheese, cilantro sour cream, Pico de Gallo, guacamole, ranch beans & jalapenos

Add pork green chili 2

CHICKEN QUESADILLA 15

Pulled chicken, ranch beans, shredded cheese, Pico de Gallo, Guacamole & cilantro sour cream

AHI TUNA TATAKI* 16

Sesame seared tuna tossed with sweet chili sauce, green onions and avocados served with crispy wontons & cucumber slices

GORGONZOLA CHIPS 11

House-made chips with Gorgonzola fondue, scallions, Nueske's bacon, Balsamic drizzle & fried onions.

SALT & PEPPER CALAMARI 16

Breaded calamari over arugula with chipotle aioli.

"BURGERS"

BEEF OR BISON

Your choice of Charbroiled **7oz fresh Beef** or **6 oz Bison** on a sesame brioche bun, served red, pink, or well

MUSHROOM SWISS BURGER* 16

Sautéed mushrooms, caramelized onions and Swiss

BLACK & BLUE* 16

Gorgonzola cheese, bacon, onion strings & balsamic drizzle

BEAR DANCE BURGER* 16

Bacon, avocado, smoked mozzarella & aioli

NEW MEXICO BURGER * 16

Guacamole, green chilies, fried jalapeno, pepper jack cheese & chipotle mayo

SALADS

CAESAR SALAD 10

Crisp romaine lettuce, Caesar dressing, parmesan, fried capers & garlic croutons
Add grilled or blackened chicken breast 6
Add grilled or blackened salmon 8
Add grilled flatiron steak 11

THE WEDGE SALAD 13

Iceberg lettuce wedge, candied Nueske's bacon, gorgonzola crumbles, cucumber, grape tomatoes, sliced red onion, creamy blue cheese dressing, grilled crostini
Add grilled or blackened chicken breast 6
Add grilled or blackened salmon 8
Add grilled flatiron steak 11

COBB SALAD 16

Chopped romaine, grilled chicken breast, hardboiled egg, bacon, avocado, gorgonzola crumbles & choice of dressing

CHICKEN APPLE & AVOCADO SALAD 16

Grilled chicken breast, avocado, apple, candied walnuts, cranberries & mixed greens with a gorgonzola vinaigrette

BUTTERNUT & BEET SALAD 14

Mixed greens, quinoa and couscous salad, Roasted heirloom beets, candied butternut squash, beet coulis toasted almonds and goat cheese
Add grilled or blackened chicken breast 6
Add grilled or blackened salmon 8
Add grilled flatiron steak 11

Our Dressings

Dressings: Ranch, 1000 Island, Blue Cheese and Caesar

Vinaigrettes: Balsamic, Gorgonzola and Champagne



SANDWICHES

BEAR DANCE CLUB 16

Smoke Master ham, Pitcraft turkey, avocado, mayo, bacon, smoked mozzarella, lettuce, tomato, choice of bread

REUBEN 16

Boar's Head pastrami with braised red cabbage kraut, Swiss & thousand island on thick-cut rye

BRUSCHETTA CHICKEN 16

Grilled chicken breast, fresh spinach, tomato bruschetta, fresh mozzarella, balsamic reduction on a challah hoagie

SIDES

All Sandwiches and Burgers come with a choice of:

- Shoestring fries
- Sweet potato fries +\$1
- Ranch Style Beans
- Fresh fried potato chips
- Coleslaw
- Cottage cheese +\$1
- Truffle Parmesan Fries +\$1
- Side Salad +\$1
- Side Caesar +\$1
- Side Wedge with Blue cheese, onion & bacon +\$2.50

Thursday night is "Acoustic night"

***Live music, dinner specials,
20% off any bottle of wine***

NY STRIP 33

***Grilled
10oz Beef NY Strip,
Demi-glace,
Butternut squash risotto,
Asparagus***

CLASSICS

BEAR DANCE BURRITO 16

Choice of pulled chicken or beef, ranch beans, shredded cheese, pork green chili, topped with Pico de Gallo, cilantro sour cream & guacamole

FISH & CHIPS 18

Beer battered walleye served with fries, coleslaw, tartar sauce & lemon

CHICKEN SCALLOPINI 19

Pan seared chicken breast with Boursin crema and lemon onion reduction over sautéed spinach and crispy potato cake

CHICKEN POT PIE 16

Rich chicken velouté with vegetables and green peas, pulled chicken and topped with puff pastry

ATLANTIC SALMON 25

Grilled fillet, Crispy gold potatoes, Chipotle lime butter & Asparagus

STEAK & FRIES* 23

Grilled 6oz Flatiron, herb steak butter, shoestring fries, topped with balsamic drizzle, fried onion & Arugula salad

FILET OF BEEF 35

Grilled filet mignon of beef, Crispy gold potatoes, Asparagus, gorgonzola cream, red wine reduction

Sausage & Shrimp

***Baked Penne 25
Baked with cheese &
House made
Cacciatore sauce***

14" Pizzas

MARGHERITA 18

Fresh mozzarella, basil, tomatoes, red sauce

BEAR DANCE PIZZA 20

Italian sausage, mushroom, caramelized onions, balsamic, arugula, red sauce

ITALIAN 20

Meatballs, salami, roasted red pepper, spinach, pesto, red sauce

THREE CHEESE 18

Shredded Mozzarella, Provolone, Parmesan, red sauce

BBQ CHICKEN PIZZA 20

BBQ sauce, chicken, bacon, caramelized onions, jalapeno, Colby-Jack cheese

CUSTOM PIZZA 17

(Build your own masterpiece)

"Add your choice of toppings to our basic cheese pizza with Red sauce"
*Meatballs \$1; Salami \$1
 Pepperoni \$1; Italian Sausage \$1
 Bacon \$1; Taco beef \$1
 Pulled Chicken \$1
 Green Peppers \$0.50
 Onions \$0.50 Black Olives \$0.50
 Caramelized Onions \$0.50
 Fresh Basil \$0.50
 Roasted Red Peppers \$0.50
 Spinach \$0.50 Jalapeno \$0.50
 Mushrooms \$0.50
 Fresh Mozzarella \$1 Extra Cheese \$1
 "Gluten free crust available" +\$3*

WINTER HOURS:

Dinner only Wed-Sat

***CLOSED THANKSGIVING DAY,
CHRISTMAS DAY AND NEW YEARS DAY***

Friday night is PRIME RIB NIGHT at Bear Dance

8oz \$27 12oz \$32