



## STARTERS

### HOT SMOKED WINGS

**By Weight:** 1 lb. 16      1 ½ lbs. 21

Seasoned and house smoked wings in your choice of Korean BBQ sauce, sesame garlic, hot sauce or our house dry rub with carrots, celery & bleu cheese or ranch

### ROCKY MOUNTAIN NACHOS 16

Your choice of pulled chicken or beef, includes shredded cheese, cilantro sour cream, Pico de Gallo, guacamole, ranch beans & jalapenos

**Add pork green chili 2**

### CHICKEN QUESADILLA 15

Pulled chicken, ranch beans, shredded cheese, Pico de Gallo, Guacamole & cilantro sour cream

### AHI TUNA TATAKI\* 16

Sesame seared tuna tossed with sweet chili sauce, green onions and avocados served with crispy wontons & cucumber slices

### GORGONZOLA CHIPS 11

House-made chips with Gorgonzola fondue, scallions, Nueske's bacon, Balsamic drizzle & fried onions.

### SALT & PEPPER CALAMARI 17

Breaded calamari over arugula with chipotle aioli.

## "BURGERS"

### BEEF

Your choice of Charbroiled **Toz fresh Beef** on a sesame brioche bun, served red, pink, or well

### MUSHROOM SWISS BURGER\* 16.50

Sautéed mushrooms, caramelized onions and Swiss

### BLACK & BLUE\* 16.50

Gorgonzola cheese, bacon, onion strings & balsamic drizzle

### BEAR DANCE BURGER\* 16.50

Bacon, avocado, smoked mozzarella & aioli

### NEW MEXICO BURGER \* 16.50

Guacamole, green chilies, fried jalapeno, pepper jack cheese & chipotle mayo

## SALADS

### CAESAR SALAD 10

Crisp romaine lettuce, Caesar dressing, parmesan, fried capers & garlic croutons  
**Add grilled or blackened chicken breast 8**  
**Add grilled or blackened salmon 9**  
**Add grilled flatiron steak 12**

### THE WEDGE SALAD 13

Iceberg lettuce wedge, candied Nueske's bacon, gorgonzola crumbles, cucumber, grape tomatoes, sliced red onion, creamy blue cheese dressing, grilled crostini  
**Add grilled or blackened chicken breast 8**  
**Add grilled or blackened salmon 9**  
**Add grilled flatiron steak 12**

### COBB SALAD 17

Chopped romaine, grilled chicken breast, hardboiled egg, bacon, avocado, gorgonzola crumbles & choice of dressing

### CHICKEN APPLE & AVOCADO SALAD 17

Grilled chicken breast, avocado, apple, candied walnuts, cranberries & mixed greens with a gorgonzola vinaigrette

### BUTTERNUT & BEET SALAD 14

Mixed greens, quinoa and couscous salad, Roasted heirloom beets, candied butternut squash, beet coulis toasted almonds and goat cheese  
**Add grilled or blackened chicken breast 8**  
**Add grilled or blackened salmon 9**  
**Add grilled flatiron steak 12**

### Our Dressings

Dressings: Ranch, 1000 Island, Blue Cheese and Caesar

Vinaigrettes: Balsamic, Gorgonzola and Champagne

**WINTER HOURS:**  
**Dinner only Wed-Sat**



## SANDWICHES

### BEAR DANCE CLUB 16

Smoke Master ham, Pitcraft turkey, avocado, mayo, bacon, smoked mozzarella, lettuce, tomato, choice of bread

### REUBEN 16

Boar's Head pastrami with braised red cabbage kraut, Swiss & thousand island on thick-cut rye

### BRUSCHETTA CHICKEN 16

Grilled chicken breast, fresh spinach, tomato bruschetta, fresh mozzarella, balsamic reduction on a challah hoagie

## SIDES

All Sandwiches and Burgers come with a choice of:

- Shoestring fries
- Sweet potato fries +\$1
- Ranch Style Beans
- Fresh fried potato chips
- Coleslaw
- Cottage cheese +\$1
- Truffle Parmesan Fries +\$1
- Side Salad +\$1
- Side Caesar +\$1
- Side Wedge with Blue cheese, onion & bacon +\$2.50

### Thursday night is

### "Acoustic night"

*Live music, dinner specials,  
20% off any bottle of wine*

### **RACK OF LAMB 35**

*Grilled New Zealand  
Rack of Lamb,  
Fig demi-glace  
Garlic whipped potatoes,  
French green beans*

## CLASSICS

### BEAR DANCE BURRITO 16

Choice of pulled chicken or beef, ranch beans, shredded cheese, pork green chili, topped with Pico de Gallo, cilantro sour cream & guacamole

### FISH & CHIPS 19

Beer battered walleye served with fries, coleslaw, tartar sauce & lemon

### CHICKEN SCALLOPINI 20

Pan seared chicken breast with Boursin crema and lemon onion reduction over sautéed spinach and crispy potato cake

### CHICKEN POT PIE 16

Rich chicken velouté with vegetables and green peas, pulled chicken and topped with puff pastry

### ATLANTIC SALMON 26

Grilled fillet, Crispy gold potatoes, Chipotle lime butter & Asparagus

### STEAK & FRIES\* 24

Grilled 6oz Flatiron, herb steak butter, shoestring fries, topped with balsamic drizzle, fried onion & Arugula salad

### FILET OF BEEF 35

Grilled filet mignon of beef, Crispy gold potatoes, Asparagus, gorgonzola cream, red wine reduction

### RED TROUT 30

*Pan seared,  
Sautéed mushrooms  
and spinach,  
Quinoa and couscous salad,  
Crème fraiche*

## 14" Pizzas

### MARGHERITA 18

Fresh mozzarella, basil, tomatoes, red sauce

### BEAR DANCE PIZZA 20

Italian sausage, mushroom, caramelized onions, balsamic, arugula, red sauce

### ITALIAN 20

Meatballs, salami, roasted red pepper, spinach, pesto, red sauce

### THREE CHEESE 18

Shredded Mozzarella, Provolone, Parmesan, red sauce

### BBQ CHICKEN PIZZA 20

BBQ sauce, chicken, bacon, caramelized onions, jalapeno, Colby-Jack cheese

### CUSTOM PIZZA 17

#### (Build your own masterpiece)

"Add your choice of toppings to our basic cheese pizza with Red sauce"  
*Meatballs \$1; Salami \$1  
 Pepperoni \$1; Italian Sausage \$1  
 Bacon \$1; Taco beef \$1  
 Pulled Chicken \$1  
 Green Peppers \$0.50  
 Onions \$0.50 Black Olives \$0.50  
 Caramelized Onions \$0.50  
 Fresh Basil \$0.50  
 Roasted Red Peppers \$0.50  
 Spinach \$0.50 Jalapeno \$0.50  
 Mushrooms \$0.50  
 Fresh Mozzarella \$1 Extra Cheese \$1  
 "Gluten free crust available" +\$3*

### Friday night is

### PRIME RIB NIGHT

### at Bear Dance

*8oz \$27 12oz \$32*